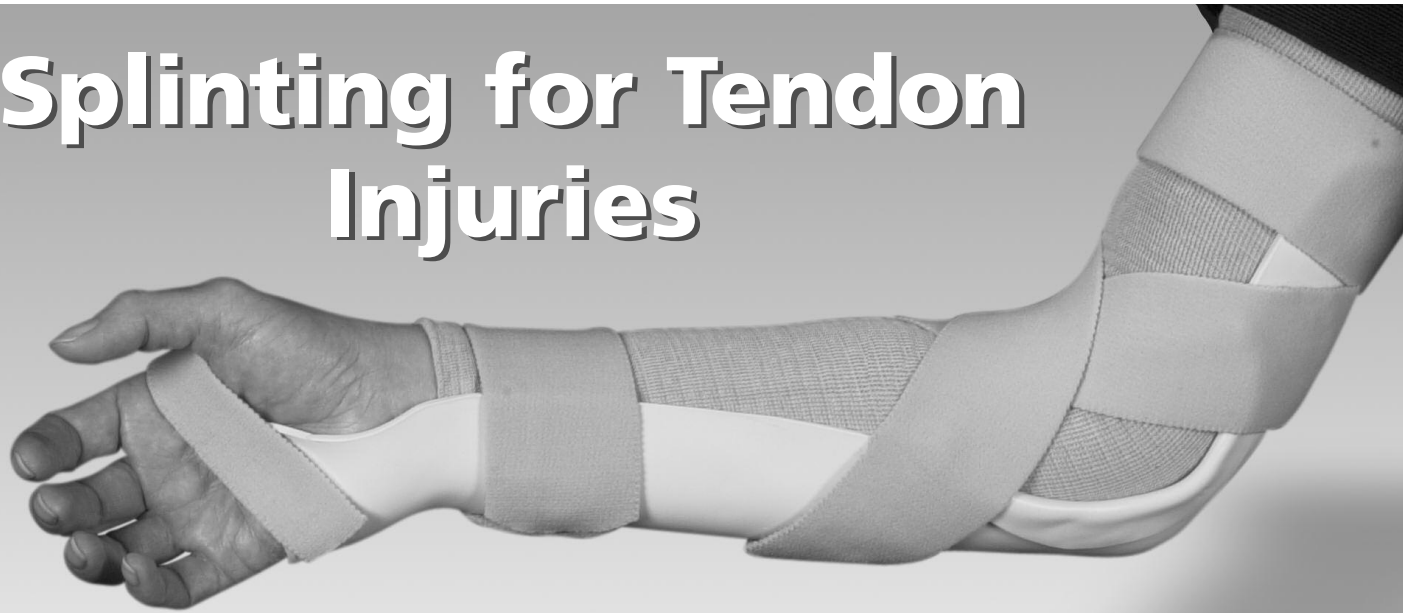


Splinting for Tendon Injuries



Friday July 10 – Saturday July 11, 2009

Splinting for Tendon Injuries

Queen of the Valley Hospital - Napa CA



presented by

Noelle M. Austin, MS, PT, CHT

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**Friday July 10 –
Saturday July 11, 2009
Splinting for Tendon Injuries
Queen of the Valley Hospital - Napa CA**

Splinting for Tendon Injuries

Course Description:

The focus of this course will be the splint fabrication process. A dynamic format utilizing lecture, case studies, demonstration and hands-on lab activities will address the skills for splinting tendon injury. This interactive course is intended for the practicing PT, PTA, OT, or COTA with intermediate splinting skills. Participants will gain insight to appropriate splinting products on the market as well as acquire 'Clinical Pearls' from the experienced instructor. The splints listed for each day will be demonstrated and fabricated in the labs. (Please note that due to time constraints, all splints may not be fabricated by each participant.) Various splinting materials will be utilized including a wide range of thermoplastics and strapping. 10 contact hours per day (1.0 CEUs)

Course Schedule

Friday

- 4:30 – 5:00 Registration
- 5:00 – 7:30 Lecture: Tendon Injuries
- 7:30 – 8:30 Lab: Extensor Tendon Injury/Repair
 - Digit immobilization splints

Saturday:

- 8:30 – 12:00 Lab: Extensor Tendon Injury/Repair (cont)
 - Wrist/MP immobilization splint
 - MP extension mobilization splint
- 12:00 - 1:00 Lunch (on own)
- 1:00 – 4:00 Lab: Flexor Tendon Injury/Repair
 - Hand stand (for positioning)
 - Dorsal wrist/hand immobilization splint
 - Dorsal wrist/thumb immobilization splint

Course Objectives:

- Upon completion of this course, participants will be able to:
- Gain awareness of the variety of splint materials and components available to effectively treat the patient with a tendon injury.
 - Select appropriate splint material and strapping for this population.
 - Understand the general indications, precautions and contraindications for splinting these injuries.
 - Recognize the zone of injury and identify the appropriate splinting intervention.
 - Appreciate the theoretical basis behind general approaches utilized to treat tendon injuries.
 - Acquire knowledge related to individualizing approach of splint fabrication to meet specific patient requirements.
 - Develop skills necessary to successfully fabricate a variety of splints using various materials.
 - Assess proper fit and function of splints completed.

Course Instructor

Noelle M. Austin MS, PT, CHT is a graduate of Quinnipiac University who obtained her Master's degree at the University of Connecticut with a special focus on Allied Health Education. She has been teaching the art and science of splinting for over 13 years. In addition to conducting both national and private workshops on splinting and hand rehabilitation, Noelle has been involved in product development and training of sales representatives for Sammons Preston. For the past two years she has presented a pre-conference at the Annual ASHT meetings on the topic of splinting. She owns CJ Education and Consulting, LLC which is dedicated to providing quality clinical education for therapists around the country. Currently a hand therapist at ProPT in Hamden, CT, she is also an active member of the American Society of Hand Therapists. Noelle is co-author and co-editor of the book *Splinting the Hand and Upper Extremity: Principles and Process* published by Lippincott Williams and Wilkins, 2003. She co-authored the Jul-Sep 2004 article published in *The Journal of Hand Therapy*, "A comparison of high-profile and low-profile dynamic mobilization splint designs". In addition, she wrote the chapter "Wrist and Hand Complex" in the 4th edition of *Joint Structure and Function* (Levangie and Norkin) published by FA Davis in 2005. She also co-authored "Orthotics in the Management of Hand Dysfunction" in the 2nd edition of *Orthotics and Prosthetics in Rehabilitation* (Lusardi and Nielsen) published by Elsevier 2007.

Course Registration

Course Tuition: Includes continental breakfast, refreshments/snacks at the breaks, course manual and splinting materials.

\$375 (early bird \$350 – due 30 days prior)

Contact Hours: Certificates of attendance will be issued to all participants completing the CEU requirements. This course meets criteria "A" for hand therapy re-certification.

10 contact hours (1.0 CEUs)

Course Location: Directions and listing of local lodging will be included in confirmation letter.

Queen of the Valley Medical Center -- Napa CA

Payment: (no credit cards accepted – CHECKS ONLY)

Please make checks payable and return to:
CJ Education and Consulting, LLC
P.O. Box 3930
Woodbridge, CT 06525
phone/fax: 203.393.2446

Registration Form: PLEASE PRINT CLEARLY!!

NAME: _____

PROFESSION/CREDENTIALS: _____

HOME ADDRESS: _____

CITY/STATE/ZIP: _____

HOME PHONE: (_____) _____

WORK PHONE: (_____) _____

FAX: (_____) _____

E-MAIL: _____

EMPLOYER: _____

CONFIRMATION LETTERS WILL BE FAXED OR EMAILED – PLEASE INDICATE PREFERENCE!! _____ **FAX OR** _____ **EMAIL**

Registration is on a first come first served basis. Limited enrollment is planned to ensure quality of course and ample instructor-participant attention. Cancellation of registration up to 2 weeks prior to course date will result in a refund minus a \$50 administrative fee. Refunds will be issued within 30 days of notification. THERE WILL BE NO REFUNDS AFTER THIS ESTABLISHED DEADLINE. CJ Education and Consulting, LLC reserves the right to cancel this course and in such an event cannot be responsible for expenses associated with travel and lodging. In the unlikely event that a course is cancelled CJ Education and Consulting, LLC will provide a full refund of the registration fee only.



**Please refer to our website at
www.cj-education.com
for additional course information.**

We are also available for private in-services with content prepared to meet your therapists' particular needs. Please call 203-393-2446 or Email cjec@optonline.net for details.