

Immobilization Splinting



Saturday July 25 – Sunday July 26, 2009
Immobilization Splinting
Richmond, Virginia



presented by

Noelle M. Austin, MS, PT, CHT

Sponsored by

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Course Description:

The focus of this course will be the splint fabrication process. A dynamic format utilizing lecture, case studies, demonstration and hands-on lab activities will address the basic skills for immobilization splinting. This interactive course is intended for the practicing PT, PTA, OT, COTA with beginner to intermediate splinting skills. Participants will gain insight to appropriate splinting products on the market as well as acquire 'Clinical Pearls' from the experienced instructor. Various splinting materials will be utilized including a wide range of thermoplastics and strapping. 10 contact hours, 1.0 CEUs

Course Schedule

Saturday:

- | | |
|---------------|---|
| 8:00 – 8:30 | Registration |
| 8:30 – 10:00 | Lecture: Immobilization Splinting |
| 10:00 – 12:30 | Lab |
| | • Hand-based thumb immobilization splint (short opponens) |
| | • Digit-based digit immobilization splints |
| 12:30 – 1:30 | Lunch (on own) |
| 1:30 – 4:00 | Lab |
| | • Hand-based digit immobilization splints |
| | • Wrist immobilization splint (wrist cock-up) |

Sunday:

- | | |
|--------------|---|
| 8:30 – 12:00 | Lab |
| | • Wrist/thumb immobilization splint (thumb spica) |
| | • Wrist/hand immobilization splint (resting hand) |
| | • Elbow immobilization splint |

Course Objectives:

Upon completion of this course, participants will be able to:

- Identify proper splinting nomenclature as described by ASHT
- Gain familiarity with a variety of splint and strapping materials
- Appropriately select thermoplastic material based on understanding the characteristics and application
- Appreciate the mechanics related to application of a splint to a body part
- Understand the indications, precautions and contraindications for immobilization splinting
- Develop skills necessary to successfully fabricate a variety of immobilization splints
- Assess proper fit and function of completed splints

Course Instructor

Noelle M. Austin MS, PT, CHT is a graduate of Quinnipiac University who obtained her Master's degree at the University of Connecticut with a special focus on Allied Health Education. She has been teaching the art and science of splinting for over 13 years. In addition to conducting both national and private workshops on splinting and hand rehabilitation, Noelle has been involved in product development and training of sales representatives for Sammons Preston. For the past two years she has presented a pre-conference at the Annual ASHT meetings on the topic of splinting. She owns CJ Education and Consulting, LLC which is dedicated to providing quality clinical education for therapists around the country. Currently a hand therapist at ProPT in Hamden, CT, she is also an active member of the American Society of Hand Therapists. Noelle is co-author and co-editor of the book *Splinting the Hand and Upper Extremity: Principles and Process* published by Lippincott Williams and Wilkins, 2003. She co-authored the Jul-Sep 2004 article published in *The Journal of Hand Therapy*, "A comparison of high-profile and low-profile dynamic mobilization splint designs". In addition, she wrote the chapter "Wrist and Hand Complex" in the 4th edition of *Joint Structure and Function* (Levangie and Norkin) published by FA Davis in 2005. She also co-authored "Orthotics in the Management of Hand Dysfunction" in the 2nd edition of *Orthotics and Prosthetics in Rehabilitation* (Lusardi and Nielsen) published by Elsevier 2007.

Course Registration

Course Tuition: Includes continental breakfast, refreshments/snacks at the breaks, course manual and splinting materials.
\$375 (early bird \$350 – due 30 days prior)

Contact Hours: Certificates of attendance will be issued to all participants completing the CEU requirements. This course meets criteria "A" for hand therapy re-certification.
10 contact hours (1.0 CEUs)

Course Location: Directions and listing of local lodging will be included in confirmation letter.
Sheltering Arms -- Richmond VA

Payment: (no credit cards accepted – CHECKS ONLY)

Please make checks payable and return to:
CJ Education and Consulting, LLC
P.O. Box 3930
Woodbridge, CT 06525
phone/fax: 203.393.2446

Registration Form: PLEASE PRINT CLEARLY!!

NAME: _____
PROFESSION/CREDENTIALS: _____
HOME ADDRESS: _____
CITY/STATE/ZIP: _____
HOME PHONE: (_____) _____
WORK PHONE: (_____) _____
FAX: (_____) _____
E-MAIL: _____
EMPLOYER: _____

CONFIRMATION LETTERS WILL BE FAXED OR EMAILED – PLEASE INDICATE PREFERENCE!!

Registration is on a first come first served basis. Limited enrollment is planned to ensure quality of course and ample instructor-participant attention. Cancellation of registration up to 2 weeks prior to course date will result in a refund minus a \$50 administrative fee. Refunds will be issued within 30 days of notification. THERE WILL BE NO REFUNDS AFTER THIS ESTABLISHED DEADLINE. CJ Education and Consulting, LLC reserves the right to cancel this course and in such an event cannot be responsible for expenses associated with travel and lodging. In the unlikely event that a course is cancelled CJ Education and Consulting, LLC will provide a full refund of the registration fee only.



Please refer to our website at
www.cj-education.com
for additional course information.

We are also available for private in-services with content prepared to meet your therapists' particular needs. Please call 203-393-2446 or Email cjec@optonline.net for details.